

How to get rid of **mould**.

Not only is mould unsightly, it can also be bad for your health and indicative of other problems in your home, such as damp. You can clean mould away using a mould remover or mould cleaner. But unless you address the root causes of it, it is almost guaranteed to return.



What is mould?

Mould is a fungus that thrives on excess moisture in your home. This can be as a result of damp and is common in basements, attics or ground floors. Leaking pipes, poor sealing around window frames and doors can also cause mould. Excess condensation is another cause.

Condensation arises out of everyday activities like showering, cooking and drying clothes indoors. Once the moisture level in the air becomes more than the air can hold, droplets form on surfaces. Combine damp, heat and poor ventilation and you get mould.

How to prevent damp and condensation

There are simple and practical ways to limit the condensation in your home:

- Close the door and open the window while you shower. Turn on the extractor fan, if you have one. If you don't, consider getting one installed.
- Close the internal door to your kitchen while cooking. Open external doors or windows, and cook with lids on saucepans and pots. Always use the extractor fan when cooking on the hob.

- Avoid drying clothes indoors wherever possible. If it's necessary, open the windows while drying and don't hang clothes on or near radiators.
- Buy a dehumidifier. Not only will it help draw excess moisture out of the air, they're also great for speeding up the air-drying process.
- Move wardrobes, bookcases and any other large furniture away from walls. This creates a gap for the air to circulate behind them, preventing mould. Look for trickle vents on your windows. Keep these open to encourage better ventilation.

The danger of mould

Mould can be very bad for our health and it can affect babies and the elderly. Asthma and allergy sufferers, as well as people with weakened immune systems are also at risk. Exposure to mould spores can cause allergic reactions and asthma attacks.



How to get rid of mould on walls and ceilings

Be very careful when removing mould. Scrubbing at the greenish black stains will release spores which can cause allergic reactions. If you have an extensive mould problem, it's best to call in an expert.

Always wear a dust mask, gloves and protective eyewear when getting rid of mould. This is because it will likely involve chlorine bleach.

Make a mixture of one part chlorine bleach to three parts water. Be very careful with chlorine bleach; never get it on your skin and avoid any contact with fabrics. Instead of making your own solution, you can buy special mould killer in your local hardware shop.

Open all the windows in the room, turn on the extractor fan if there is one. Close the door to prevent the spread of spores to other rooms.

Apply the mixture or mould cleaner to the mould and use a damp cloth to wipe it away. Do not scrub it. Once you have removed the mould, dry the wall with a rag to make sure there's no moisture left over.

Dispose of any cloths and rags in the bin. Clean all surfaces and floors in the room to make sure all the spores are gone.

How to get rid of mould from clothes and fabrics

Bleach and clothes are seldom friends. So you'll need an alternative route to remove mould from clothes, towels and curtains. Always make sure to follow the washing instructions for the item you're cleaning.



Built on **solid** foundations.

At Intact Insurance Ireland, we believe insurance is about people, not things.

We're here to help people, businesses and communities prosper in good times and stay resilient when challenges arise. It's what drives everything we do.

We make insurance work better.

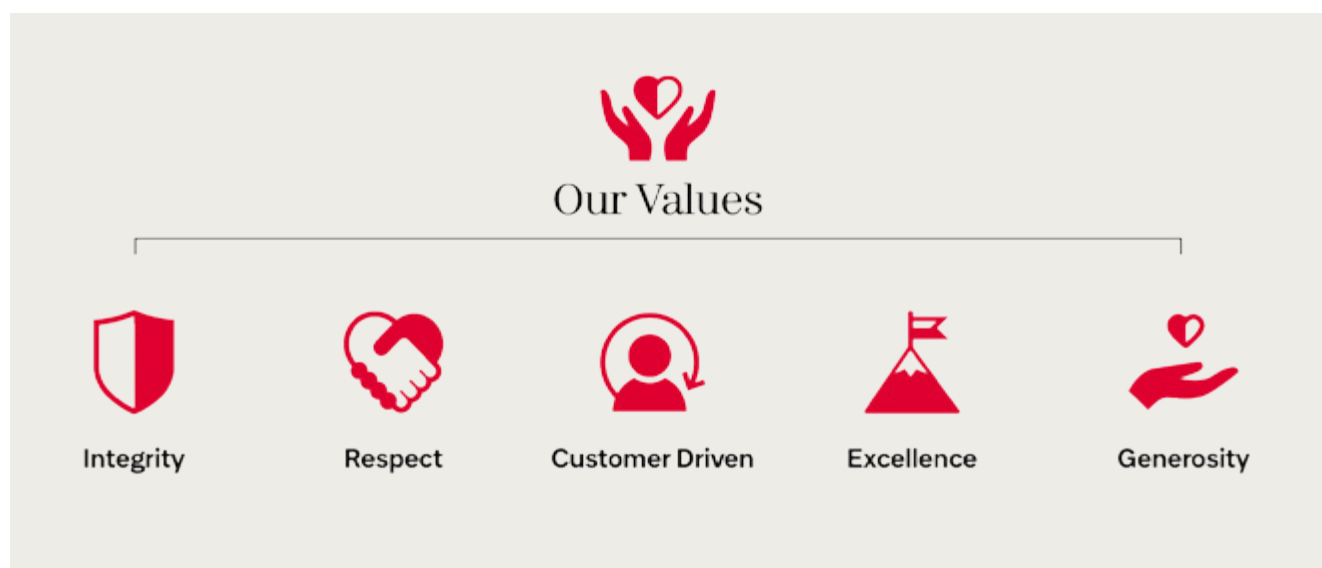
We believe how we do this matters. We're honest and open in everything we do. We listen, to understand exactly what you need. We will go the extra mile to help. We're always improving, delivering better outcomes. And we believe in giving back, to make our communities stronger.

Our extensive range of commercial and personal insurance products comes

through our network of trusted brokers and partners who know your world inside out. No complicated jargon. No hidden surprises. Just clear, straightforward protection for what matters most to you.

Our insurance experts don't just understand policies, they understand your world, your business and what matters most to you. From our offices across Ireland - Dublin, Galway and Belfast, we're building solutions that will give you peace of mind.

Being part of Intact Financial Corporation, one of Canada's largest insurers, means we can deliver the kind of service you expect, with a personal touch.



This document is for informational purposes only. Intact Insurance DAC (Intact Insurance) makes no representation, warranty or guarantee that the use of this information will prevent damage or reduce your premium. © 2026, Intact Insurance. All rights reserved.

Intact Insurance is a registered business name of Intact Insurance Ireland Designated Activity Company (DAC). Intact Insurance Ireland DAC trading as Intact Insurance is regulated by the Central Bank of Ireland and is a private company limited by shares registered in Ireland under number 148094 with registered office at Intact House, Dundrum Town Centre, Sandyford Road, Dundrum, Dublin 16, D16 FC92.

